

Important Information for Incoming Einstein Athletes and Their Parents

Welcome to Albert Einstein High School, home of the Titans! It's a great time to be a Titan, as you will learn once your child enters these halls. Einstein is full hard-working students with great talent in academics, the arts, music, and sports. If your child is interested in playing high school sports, then they will find numerous opportunities here. Please read below for more information on how you and your child can get involved in Einstein athletics!

- **When do the sports seasons start at Einstein?**

Tryouts for fall sports begin during the second week of August.

Tryouts for winter sports begin on November 1.

Tryouts for spring sports begin on March 1.

The sports schedules for the entire school year are posted on-line during the summer at <http://www.montgomeryschoolsmd.org/departments/athletics/>.

- **What do I need in order to tryout for a team at Einstein?**

To participate in sports at a Montgomery County high school like Einstein, kids need a physical conducted by a certified physician. You can learn more about the MCPS requirements at <http://www.montgomeryschoolsmd.org/departments/athletics/>. The AEHS Booster Club will offer physicals before the fall season for \$10, conducted by a physician who is the parent of former Einstein students. Look for more details this summer. Football players must also fill out a county insurance form (available in the Football Office).

- **How do I find out more about the team(s) I'm interested in?**

There are multiple sources of information about Einstein sports teams. The MCPS athletics website listed above includes schedules for Einstein athletics. The website for Einstein athletics is www.einsteinathletics.org. Finally, you can contact coaches through their MCPS e-mail addresses, available at <http://einsteinathletics.org/hq/coaching-staff-2/>.

- **Can I get involved with the team before tryouts?**

Yes! Many of the Einstein sports teams have summer programs, including football, basketball, baseball, and girls soccer, among others. Also, incoming freshman can use the school's weight room and other facilities during the summer. Use the above listed contact information for the various teams to learn more.

- **Do parents just watch the games, or are there ways for parents to stay involved?**

Get involved! Parents can help the teams and overall athletics program in a number of ways. Individual teams need parents to help with information sharing, preparing team meals before games, giving rides, and fundraising. Parents can also join and volunteer with the AEHS Booster Club to help the overall athletics program. The Booster Club works with the administration to cultivate a strong partnership between athletics and academics, improve athletic facilities, strengthen teams and increase eligibility for athletic participation. The Boosters engage in year round fundraising to support its mission, with concessions at games, the sale of Einstein spirit wear and a spring mulch sale. In addition to supporting the athletic teams at Einstein, the Booster Club awards \$1,000 scholarships each year. These scholarships are designed to recognize outstanding graduating athletes at Albert Einstein. See www.aehsboosters.com for more information.

- **Where can I purchase Einstein t-shirts and other spirit wear?**

Through the Boosters! There will be spirit wear sales throughout the school year, including prior to the first games of the fall season.